

LES MILLS™ VIRTUAL LAUNCH BINGO

SATURDAY, JANUARY 23RD & SUNDAY, JANUARY 24TH

<p>PERFECT ATTENDANCE</p>  <p>Attend a virtual or in-club class</p>	<p>FRESH PERSPECTIVE</p>  <p>Take a class with a new instructor</p>	<p>INSTRUCTOR TRACK SHOUT-OUT</p>  <hr/>	<p>DRESSED TO IMPRESS</p>  <p>Rock some fun New Year's workout attire during your class</p>	<p>WEEKEND WARRIOR</p>  <p>Take a class on Saturday and Sunday</p>
<p>EARLY BIRD</p>  <p>Attend a class before 10:00am</p>	<p>HIGH-FIVE</p>  <p>Give the class a virtual high-five or in-club air-five</p>	<p>JAM SESSION</p>  <p>Discovered a new jam</p>	<p>HEALTHY HABITS</p>  <p>Eat one or two healthy and nutritious meals</p>	<p>WORKOUT BUDDIES</p>  <p>Post a workout photo with a pet or friend and tag us</p>
<p>SOCIAL CHECK-IN</p>  <p>Check in at the Center or tag us on Facebook or Instagram using #FWLesLaunch2021</p>	<p>NEW YEAR, NEW GOAL!</p>  <p>Write down your New Year's goal(s)</p> <hr/>	<p>FREE SPACE</p> <p>#FWLESLAUNCH2021</p>	<p>KARAOKE</p>  <p>Sing along with music during a class</p>	<p>SAY CHEESE</p>  <p>Post a post-workout sweaty selfie and tag us</p>
<p>LAUNDRY DAY</p>  <p>Soak your workout gear by breaking a sweat</p>	<p>SPREAD THE WORD</p>  <p>Leave a review on Google or Yelp, or comment on the Center's social post</p>	<p>PLANK-IT-OUT</p>  <p>Hold a plank for 30 seconds or more</p>	<p>INSTRUCTOR TRACK SHOUT-OUT</p>  <hr/>	<p>WAY 2 GO H₂O</p>  <p>Drink at least 5 glasses of water a day</p>
<p>INSTRUCTOR TRACK SHOUT-OUT</p>  <hr/>	<p>SEEING DOUBLE</p>  <p>Take back-to-back classes</p>	<p>BUST-A-MOVE</p>  <p>Show off a new exercise move to family or friends</p>	<p>STEP MASTER</p>  <p>Write down the number of steps you've taken in a day</p> <hr/>	<p>MIX IT UP</p>  <p>Take classes with two or more different instructors</p>

BONUS: TAG US ON FACEBOOK OR INSTAGRAM IN A SNAPSHOT OF YOUR COMPLETED BINGO BOARD, OR SEND US THE PICTURE VIA DIRECT MESSAGE, AND WE'LL FEATURE YOUR PHOTO IN OUR EVENT RECAP! DON'T FORGET TO USE HASHTAG #FWLESLAUNCH2021!