

Princeton Fitness & Wellness at Plainsboro

An Affiliate of Princeton Medical Center

PERSONAL TRAINING - TIER 3

Tier Three Trainers have the most advanced knowledge with regards to safety, programming methods and coaching skills. They are a leader and mentor trainer to other staff and are not only the top level trainer in the club but also the fitness industry.

Single Payment Plan*

TIER 3 ONE HOUR		
Your Commitment	Single Payment	Cost Per Session
8 Sessions	\$680.00	\$85.00
16 Sessions	\$1,280.00	\$80.00
24 Sessions	\$1,872.00	\$78.00

TIER 3 HALF-HOUR		
Your Commitment	Single Payment	Cost Per Session
8 Sessions	\$370.00	\$46.25
16 Sessions	\$696.00	\$43.50
24 Sessions	\$1,020.00	\$42.50

Benefits

- Lowest Price Per Session
- Access to all sessions at purchase date
- More flexibility for scheduling

Monthly Payment Plan*

TIER 3 ONE HOUR		
Your Commitment	Monthly Payment	Cost Per Session
2 Months (2x/week)	\$672.00	\$84.00
3 Months (2x/week)	\$656.00	\$82.00
3 Months (3x/week)	\$936.00	\$78.00

TIER 3 HALF-HOUR		
Your Commitment	Monthly Payment	Cost Per Session
2 Months (2x/week)	\$366.00	\$45.75
3 Months (2x/week)	\$358.00	\$44.75
3 Months (3x/week)	\$510.00	\$42.50

Benefits

- Pay in installments rather than upfront
- Access to monthly allotment of sessions
- More structured scheduling

*All Recurring Programs start with a partial month preceeding the monthly commitment. All programs expire 1 year after purchase date. All Personal Training sessions must be paid in full by check or credit card prior to the start of the first session. All sessions are non-refundable and non-transferable.

Cancellation Policy: You must give 24 hour notice of cancellation or you will be charged for your session.

7 Plainsboro Road, Plainsboro, NJ 08536 | 609.799.7777 | princetonfitnessandwellness.com

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