

# Princeton Fitness & Wellness at Plainsboro

An Affiliate of Princeton Medical Center

## PERSONAL TRAINING SPECIALIZATION

The Trainer Specialist role recognizes advanced education which further enhances the club's service offerings. Trainer Specialists are Tier Two Trainers who provide unique services that are outside the scope of traditional personal training in their assessment and programming.

### Single Payment Plan\*

SPECIALIZATION   ONE HOUR		
Your Commitment	Single Payment	Cost Per Session
8 Sessions	\$680.00	\$85.00
16 Sessions	\$1,280.00	\$80.00
24 Sessions	\$1,872.00	\$78.00

SPECIALIZATION   HALF-HOUR		
Your Commitment	Single Payment	Cost Per Session
8 Sessions	\$370.00	\$46.25
16 Sessions	\$696.00	\$43.50
24 Sessions	\$1,020.00	\$42.50

#### Benefits

- Lowest Price Per Session
- Access to all sessions at purchase date
- More flexibility for scheduling

### Monthly Payment Plan\*

SPECIALIZATION   ONE HOUR		
Your Commitment	Monthly Payment	Cost Per Session
2 Months (8x/month)	\$672.00	\$84.00
3 Months (8x/month)	\$656.00	\$82.00
3 Months (12x/month)	\$936.00	\$78.00

SPECIALIZATION   HALF-HOUR		
Your Commitment	Monthly Payment	Cost Per Session
2 Months (8x/month)	\$366.00	\$45.75
3 Months (8x/month)	\$358.00	\$44.75
3 Months (12x/month)	\$510.00	\$42.50

#### Benefits

- Pay in installments rather than upfront
- Access to monthly allotment of sessions
- More structured scheduling

\*All Recurring Programs start with a partial month preceeding the monthly commitment. All programs expire 1 year after purchase date. All Personal Training sessions must be paid in full by check or credit card prior to the start of the first session. All sessions are non-refundable and non-transferable.

**Cancellation Policy:** You must give 24 hour notice of cancellation or you will be charged for your session.

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