

Princeton Fitness & Wellness at Plainsboro

An Affiliate of Princeton Medical Center

SEMI-PRIVATE TRAINING - TIER 2

Advancement to Tier Two is attained through taking additional company education and a proven track record of client results.

Single Payment Plan*

| TIER 2 ONE HOUR | | |
|-------------------|----------------|------------------|
| Your Commitment | Single Payment | Cost Per Session |
| 8 Sessions | \$440.00 | \$55.00 |
| 16 Sessions | \$800.00 | \$50.00 |
| 24 Sessions | \$1,140.00 | \$47.50 |

| TIER 2 HALF-HOUR | | |
|--------------------|----------------|------------------|
| Your Commitment | Single Payment | Cost Per Session |
| 8 Sessions | \$242.00 | \$30.25 |
| 16 Sessions | \$440.00 | \$27.50 |
| 24 Sessions | \$630.00 | \$26.25 |

Benefits • Lowest Price Per Session • Access to all sessions at purchase date • More flexibility for scheduling

Monthly Payment Plan*

| TIER 2 ONE HOUR | | |
|----------------------|-----------------|------------------|
| Your Commitment | Monthly Payment | Cost Per Session |
| 2 Months (8x/month) | \$420.00 | \$52.50 |
| 3 Months (8x/month) | \$400.00 | \$50.00 |
| 3 Months (12x/month) | \$570.00 | \$47.50 |

| TIER 2 HALF-HOUR | | |
|----------------------|-----------------|------------------|
| Your Commitment | Monthly Payment | Cost Per Session |
| 2 Months (8x/month) | \$232.00 | \$29.00 |
| 3 Months (8x/month) | \$220.00 | \$27.50 |
| 3 Months (12x/month) | \$315.00 | \$26.25 |

Benefits • Pay in installments rather than upfront • Access to monthly allotment of sessions • More structured scheduling

SMALL GROUP TRAINING

All Small Group Training sessions require 3 - 8 participants.

| ONE HOUR | |
|-----------------|--------------|
| Your Commitment | Package Cost |
| 8 Sessions | \$250.00 |

| HALF-HOUR | |
|-----------------|--------------|
| Your Commitment | Package Cost |
| 8 Sessions | \$130.00 |

*All Recurring Programs start with a partial month preceding the monthly commitment. All programs expire 1 year after purchase date. All Personal Training sessions must be paid in full by check or credit card prior to the start of the first session. All sessions are non-refundable and non-transferable.

Cancellation Policy: You must give 24 hour notice of cancellation or you will be charged for your session.

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