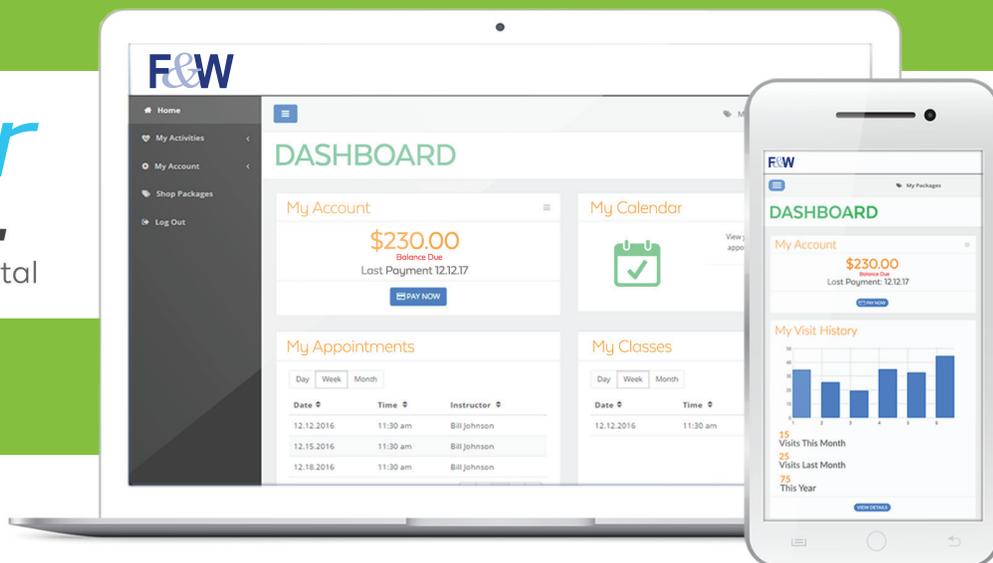


# empower M.E.

Our New Member Self-Service Portal



## The benefits of Empower M.E.



View and print check-ins



Make a payment



Update credit card information



Purchase services



View and update your account



View visit and training history



View invoice history and payment detail



Schedule an appointment or reserve your spot for classes

## Logging in for the first time? Follow these steps.

1. Proceed to **Empower M.E.** website (<http://www.ourclublogin.com/510371>) or click the **Member Portal** tile of Movofit app.
2. When the F&W log-in screen appears, click **Forgot Password** and enter your username (your barcode number from your keytag) and click **Reset Password**.
3. A temporary password will be emailed to the email on file in our system.
4. Follow the instructions in the email and click the link to set up your new password.
  - a. *NOTE: When you log-in for the first-time, you will have the option to change your username. We suggest keeping it as your keytag to easily remember. If you do not change your name, click No thanks, continue to proceed in updating your password.*
5. Enter your temporary password that was emailed to you under **Current Password**.
  - a. *To eliminate error, you can copy and paste the password directly from the email.*
6. Type your new password, and then retype it to confirm. Click **Save**.
7. After you have clicked **Save** you will get the following confirmation message **Password Updated**. Click **OK** and you will be redirected to your **Empower M.E. Dashboard**.