




THANKSGIVING DAY 11/23 PFW

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4 (Upstairs)	CYCLE STUDIO; SIGN UP FRONT DESK	AQUA
					*** Indicates a class in the lap pool
8:15 - 9:15  Linda F.				8:15 - 9:15 Cycle Kerri	
9:15 - 10:15 Stepin' Style Vin	9:00 - 10:00 FIT 101 Rita	9:15 - 10:30 Power Yoga Mary Lou			Master Swim 6-7:30am***
10:20 - 11:20 Hip Hop Vin	10:20 - 11:20  Linda F.			10:30 - 11:30 Cycle Sharon	
11:30 - 12:30  Vin		11:00 - 12:15 Gentle Yoga Monica 😊			DENOTES GENTLE CLASS 😊
					Physical Therapy 12-2pm

HAPPY THANKSGIVING!
CLUBS HOURS 7AM - 1PM.
ENJOY THIS DAY WITH YOUR FAMILY &
FRIENDS!

