





PFW MEMORIAL DAY 5/29/17

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4 (Upstairs)	CYCLE STUDIO	AQUA
8:30 - 9:30  Al				8:30 - 9:30 Cycle Tony	*** Indicates a class in the lap pool
	9:00 - 9:30 Ramp Strong Rita				
9:30 - 10:30  Danielle	9:30 - 10:15 Ramping Rita	9:30 - 10:30 Pilates Patti	9:30 - 10:45 Power Yoga Ruth		
10:35 - 11:35 Hip Hop Vin	10:30 - 11:00 GRIT/Cardio Patti	10:35 - 11:35 Gentle Yoga Monica		10:00 - 11:00 Cycle Sharon	10:30 - 11:30 Aqua Tone  Karen



PRINCETON SPECIAL GROUP FITNESS
SCHEDULE
CLUB HOURS 7AM - 1PM